



**MID-COLUMBIA HEALTH
FOUNDATION**
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MISSION & VISION

Established in 1983, our mission is to work together with and provide financial support to Mid-Columbia Medical Center in order to provide access to quality healthcare for our community. Raising money through donations in memory of loved ones, gifts from grateful patients and their families, MCMC's employee giving campaign, special appeals, grants, events and interest earned on investments we fund projects and programs that encourage and promote health in the communities we serve.

Sponsored by



MID-COLUMBIA HEALTH FOUNDATION

– PROGRAM OVERVIEW –

The Mid-Columbia Health Foundation has a long history of helping improve access to quality healthcare, supporting programs that promote health and helping patients when finances are a barrier to receiving care. All donations to the Mid-Columbia Health Foundation are used to benefit patients and communities throughout the gorge. Money raised can benefit a variety of causes including help for patients at Celilo Cancer Center, scholarships for local nursing students and new state-of-the-art medical equipment for Mid-Columbia Medical Center. Other examples of initiatives we support include:

- training for medical professionals of all levels
- grants to local nonprofits working to improve community health
- books for children to take home from Well Child check ups
- scholarships for local high school graduates
- patients attending either Cardiac Rehab or Pulmonary rehab who need financial help
- supplies for patients with diabetes

– GIVING OPPORTUNITIES –

Festival of Trees

Kick off the holiday season with Festival of Trees the first Friday in December. Festival of Trees consists of a live auction of up to 20+ decorated trees along with themed silent auction items. Nearly 40 volunteers from the community help make the Festival of Trees a success. Take the opportunity to get dressed up for a night on the town.

Tournament of Tradition Golf Benefit

June marks our annual golf benefit. Up to 45 teams compete in this two-day tournament full of fun, food, games, prizes and of course, golf. Proceeds from the tournament benefit various projects and programs of the Mid-Columbia Health Foundation at the discretion of the Board of Directors. So get a foursome together and join us on the green!online at www.mcmc.net/mchf.

Healthy Lung & Heart Dart Fun Run

In late September the Healthy Lung & Heart Dart hosts runners, joggers and walkers alike for this fun run. Participants choose from 3K, 5K or 10K routes. Volunteers staff each water station and cheer on our racers as they dart to a more healthy lung and heart.

Philanthropy in the Spotlight

The Mid-Columbia Health Foundation celebrates philanthropy by sponsoring the philanthropic award categories of The Dalles Area Chamber of Commerce's Distinguished Citizen's Ceremony in January.

Make a Donation

Mid-Columbia Health Foundation accepts donations all year round with opportunities to donate in honor or memory of a loved one, or to show appreciation to an exceptional caregiver. Donate to help patients in need or provide scholarships to local students. Whatever your passion, we can help you choose the best place to designate your gift