



FISH FOOD BANK

In Hood River: 1130 Tucker Rd.

Hours of Operation:

Monday 3:30-5:00

Wednesday 3:30-5:30

Friday 3:30-5:00

Saturday 10:00- Noon

Phone 541-386-3474

In Parkdale: 4910 Baseline Drive

(Parkdale Community Church)

Monday 4:00-6:00 pm.

Phone: 541-352-3500

In Cascade Locks: 140 SE WaNaPa

(Cascade Locks City Hall)

4th Wednesday of each month

1:30-3:30

Saturday following 4th Wednesday

11:00-noon

MISSION & VISION

FISH's mission is "to help alleviate hunger by distributing food regularly and on an emergency basis, regardless of gender, race, religion, or sexual orientation in a friendly, instant, sympathetic, helpful, and confidential manner."

Sponsored by



FISH FOOD BANK

– PROGRAM OVERVIEW –

FISH Food Bank started in 1969 when a small group of community members noticed that their neighbors didn't seem to have enough to eat. They gathered some food and discreetly left it for the neighbors. They did the same thing the next week, and the next, and the next... and they haven't stopped since.

FISH Food Bank's primary purpose is to provide food for the hungry in Hood River County. FISH operates three distribution sites in the county – Hood River, Parkdale, and Cascade Locks, with the Hood River location serving as the primary distribution and warehouse site. Last year, FISH provided food for over 1,200 different families, feeding over 4,000 different individuals, with 38% of them being children. This translates into a monthly average 400+ families/individuals including children, seniors, working moms and dads, and others living below the federal poverty level. To receive food at the FISH Food Bank sites, individuals must meet financial and residential qualifications.

Last year, FISH received nearly 200,000 pounds of donated food from local individuals, farms, and businesses. In addition, FISH uses monetary donations to purchase around 150,000 lbs of food from the Oregon Food Bank, Rosauers, Safeway, and Columbia Food Service. All together 350,000 lbs of food is distributed to individuals and families of Hood River County.

– GIVING OPPORTUNITIES –

FISH Food Bank is thankful to be able to obtain USDA food and other donated food for our clients through our partnership with Oregon Food Bank and Columbia Gorge Food Bank.

For more than 50 years, FISH has survived on the generosity of this community for both food and operating expenses. FISH is continually in need of donations of food and volunteers. Specific foods we can use include the following: any nonperishable foods (such as tuna, canned soup, stew or chili), cooking oil, foods high in nutrients (such as canned vegetables and fruit), or whole grain foods.

Donate

Food donations can be taken to the Hood River FISH site located at 1130 Tucker Road in Hood River every Monday, Wednesday, Friday, or Saturday from 8 a.m. – 12 p.m.

Donations can also be placed in the food box located in front of the Hood River Site. Food is also accepted at all sites during the time food is being distributed.

Monetary donations can be made to FISH Food Bank and mailed to 1767-12th St #147, Hood River, OR 97031. We also accept PayPal donations through our website at www.fish-food-bank.com.

Volunteer

Volunteer opportunities are available at all the FISH Food Bank sites – Hood River, Odell, Parkdale, and Cascade Locks. You can learn more by visiting our website or by calling Billie Stevens at the Hood River FISH site at 541-386-3474.

In 2020, FISH Food Bank will be opening a school pantry at Mid Valley School in Odell.